

Nanette Simon-Cook

Seymore D'Fair Foundation Advisory Board Member

Professional Overview: Nanette Simon-Cook is a well-respected community leader and seasoned educator with 33 years of experience. She currently enriches young minds as a physical education teacher at Cathedral-Carmel School and extends her expertise as a fitness, nutrition, and wellness instructor at the Lourdes Fitness Center.

Educational Contributions: Nanette has taught across a broad spectrum, from elementary to university levels, in both public and private schools. Her passion for promoting healthy lifestyles previously led her to roles such as a fitness specialist and health educator. She also served as a prevention and wellness activity coordinator and director of an after-school children's program at Our Lady of Lourdes Hospital.

Public Service: Inspired by her father, Al Simon, who was a member of the Lafayette City Council in the late 1980s and early 1990s, Nanette actively participates in her community's governance. She proudly serves as the first female elected to the Lafayette City-Parish Council for District 7, continuing her family's legacy of public service.

Personal Life: Nanette is married with five children and holds a Bachelor of Science in Health and Physical Education from Louisiana State University and a Master of Science in the same field from the University of Louisiana at Lafayette.

